



Half Term Activities Downton Leisure Centre 13th - 17th February 2012

Reg: EY404838



Wick Lane
Downton
SP5 3NF
01725 513668

ACTIV8 AT DOWNTON LEISURE CENTRE

Downton Leisure is pleased to offer our new 'ACTIV8' card. In conjunction with Change4Life, children under 16 years will now be able to participate in activities for less!! You will notice on each activity in this programme there is a non-member price and an ACTIV8 price. An ACTIV8 card costs just £20 for a year for up to 4 children and entitles them to a HUGE 20% off most junior activities run by Downton Leisure Centre*!!

*ACTIV8 card reductions are applicable to teen gym, teen exercise classes, holiday activity programmes (offsite activities only subject to 10% reduction) and off peak badminton. Cards are not applicable to Pure Tennis holiday camps or All Play Sports Coaching football camps. Activ8 card can only be used for children by which they are applicable to.

5-7 Years Activities

Outdoor Arts and Crafts (12 Places)

Join us as we find inspiration from natural materials found outside. Spend the morning making and creating with whatever you can find!

Day: Monday 13th February

Time: 9.00am- 11.00am

Cost: Non Members £6.00 Activ8 £4.80

Things to bring: Drink & snack, warm clothes for going outdoors.

Mini 2012 Olympians (12 Places)

This activity introduces athletic techniques for the younger age group including the basic skills of running, throwing, long jump and triple jump. Rounding off with a mini Olympic trials session to put all your new skills into practice!

Day: Tuesday 14th February

Time: 9.00am- 11.00am

Cost: Non Members £6.00 Activ8 £4.80

Things to bring: Drink & snack, comfy clothes, trainers.

Cheerleading with Streetwise Fitness! (14 Places)

Ever wondered what it would be like to be a real life cheerleader? Now's your chance with a morning learning some basic cheers and chants to some great songs, finishing off with a performance at 11am to all your parents!

Day: Wednesday 15th February

Time: 9.00am- 11.00am

Cost: Non Members £7.00 Activ8 £5.60

Things to bring: Drink & snack, comfy clothes, trainers.

JUNIOR JUMPING JACKS! With Maggie Curtis (10 Places) 5-7 years

In this session, Maggie will teach you the basic skills of learning to trampoline. Only 10 spaces available so book early!!

Day: Thursday 16th February

Time: 9.00am- 11.00am

Cost: Non Members £7.00 Activ8 £5.60

Things to bring: Drink & snack, comfy clothes, trainers and socks should be worn.

Mini Sports Stars (16 places)

All your favourite sports in one go! See how many we can do in two hours!

Day: Friday 17th February

Time: 9.00am- 11.00am

Cost: Non Members £6.00 Activ8 £4.80

Things to bring: Drink & snack, comfy clothes and trainers.

8+ Years Activities

Back to Basics Badminton (16 Places)

Whether you are keen to learn some new skills on the badminton court or improve existing one, this is the day for you!

Day: Monday 13th February

Time: 9.00-3.00pm

Cost: Non Member £13.00 **Activ8:** £10.40

Things to Bring: Packed Lunch, Drink & Snack, comfy clothes and trainers should be worn.

Countdown to the Olympics!

We are now into the year of the Olympics and the countdown has begun! Choose a country and take part in a range of different Olympic disciplines!

Day: Tuesday 14th February

Time: 9.00-3.00pm

Cost: Non Member £13.00 **Activ8:** £10.40

Things to Bring: Packed Lunch, Drink & Snack, comfy clothes and trainers should be worn

Adventure Day at Calshot Activity Centre (10 Places available only!)

Unlike any other adventure day! Try your hand at Skiing, Archery, Climbing AND Low Ropes at Calshot Activity Centre. Limited spaces available, so book early!! Minibus transport kindly provided by Downton Baptist Church.

Day: Wednesday 15th February

Time: 8.30am- 5.15pm

Cost: Non Member £40.00 **Activ8:** £36.00

Things to bring: Packed lunch, drink & snack. Loose fitting comfy clothing, long trousers and long sleeved tops, long thick socks and gloves are essential, trainers and wet/cold weather gear.

Trampolining with Maggie Curtis and Ultimate Games Day (16 Places)

Take part in this not to be missed day, how many different games can we cram in? Dodgeball, Benchball, and more, plus an intensive Trampolining session coached by Maggie Curtis.

Day: Thursday 16th February

Time: 9.00-3.00pm

Cost: Non Member £13.00 **Activ8:** £10.40

Things to Bring: Packed Lunch, Drink & Snack, comfy clothes and trainers should be worn.

STREETDANCE Day! (25 Places)

Join us for an Ultimate dance day with the inclusion of games and activities in the afternoon. Coached by a professional, you will learn the basics of Streetdance and put all your skills together in a choreographed routine to your favourite tunes!

Day: Friday 17th February

Time: 9.00-3.00pm

Cost: Non Member £13.00 **Activ8:** £10.40

Things to Bring: Packed Lunch, Drink & Snack, comfy clothes and trainers should be worn.

BOOKING TERMS & CONDITIONS

1. Payment of the fee is regarded as evidence of your acceptance of the booking conditions. Payment is taken at time of booking. Spaces can be held for a maximum of 24 hours if payment is not made at time of booking.
2. Registration forms must be completed at time of booking and all details provided must be accurate.
3. Downton Leisure Centre reserves the right to amend/cancel activities.
4. Regulations made for the health and safety of staff and children must be adhered to at all times.
5. Downton Leisure Centre and its employees do not accept liability in respect of personal injury or sickness nor loss or damage caused to personal property.
6. No refunds will be given unless the Centre cancels the course. A credit note up to the value of the activity will be given only if parents inform the Centre of their child's absence prior to the activity.

TERM TIME ACTIVITIES

Teen Gym sessions run during both term time and school holidays, Monday - Friday (inc) from 3.45pm- 4.30pm or 4.30 - 5.15 pm, £3 per gym session or £9 for 6 sessions. Ages 11-15 years.

NEW for 2012! Junior Boxercise and Circuits from 4.45pm- 5.30pm!

Plus! Our after school activities are still running throughout the term time for 5-15 years. We have a selection of different sessions on offer including football, badminton, athletics and Downton Junior Netball Club. Please visit www.downtonleisurecentre.co.uk for the full list of sessions.

PLEASE CONTACT THE CENTRE FOR MORE INFORMATION

PURE TENNIS HALF TERM CAMPS

James' courses are designed to help you develop your skills from the basics of the game to drills, games and tournaments.

Days: Monday 13th - Thursday 16th February

Time: 10.00am -2.00pm

Age: 5- 16 years

Cost: £65 Club member, £75 Non member

For more information and to book online please visit www.puretennis.co.uk

James Kirkpatrick 07748 483639

ALL- PLAY SPORTS COACHING MULTI ACTIVITY CAMPS

Allan's 3-day camp will give you the opportunity to further your football skills with the inclusion of other sporting activities and the emphasis on fun!

Days: Tuesday 14th- Thursday 16th February (inc)

Time: 10.00-2.00pm, Registration from 9.45am.

Age: 5-11+ Years, Boys and Girls of all ages and abilities.

Price: £30

TO BE HELD AT EITHER DOWNTON FOOTBALL CLUB OR MEMORIAL FIELD. VENUE TBC

Run by FA Level 2, CRB & first aid qualified coach.

For more information, contact Allan on 07720 448194 or email allplaysportscoaching@hotmail.com

Downton Leisure Centre

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Operated on behalf of the Brian Whitehead Sports Centre Association by Beacon Leisure Management.